

# Curriculum Vitae

A.L.B (Lex) Rutten, arts.

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Gehuwd, 3 kinderen

Officier in de orde van Oranje Nassau (2002)

1950	Geboren te Palembang (Indonesië)
1968	Eindexamen Gymnasium-B
1968-1969	Studie Wis- en Natuurkunde, RU Utrecht
1969-1977	Studie Geneeskunde, RU Utrecht. Bestuursfuncties sportverenigingen (hockey, zeilen), medische faculteitsvereniging, Gamma cyclus medicijnen. Verpleeghulp in vakanties en weekenden.
1977-1978	Huisartsopleiding, RU Utrecht
2005	Cursus diagnostic research, Erasmus Universiteit
2007	Cursus Practical Modern Statistics, British Open University
1978	Waarneming in huisartspraktijk, verpleeghuis, instelling verstandelijk gehandicapten.
1978-1983	Huisarts te Dordrecht
1983-2019	Homeopathisch arts te Breda en Dordrecht
2006 - 2008	Arts AGZ Medische Opvang Asielzoekers
2009-2011	Arts Verpleeghuis
2011-2014	Arts instelling verstandelijk gehandicapten
2013	Summerschool Prognosis Research. Keele University, UK

## Nevenfuncties:

1979-1980	Bestuurslid Medisch Opvoedkundig Bureau Dordrecht
1982-1990	Docent Stichting Homeopathische Opleidingen (SHO)
1983-2000	Bestuurslid Artsenvereniging voor Homeopathie Nederland (VHAN): kwaliteitsbeleid; communicatie en externe betrekkingen; politiek, praktijkvoering; FONA-beleid
1983-1997	Voorzitter homeopathische computergebruikers-vereniging. Projectleider ontwikkeling computerprogramma
1983-1987	Docent gezondheidsleer Hogeschool West-Brabant
1990	Mede-oprichter Ombudscommissie Homeopathie
1993-2000	Lid Werkgroep Volksgezondheid, Stichting Wetenschappelijk Bureau D66
1996-1998	Columnist KRO-radio, dingen die gebeuren
1997-2018	Lid commissie Methode en Validering VHAN
1997-1999	Lid Begeleidingscommissie Coördinatiecommissie Chronisch Zieken van de NCCZ
2002 -	Peer reviewer voor 'Homeopathy', Journal of Complementary/Alternative Medicine, International Scientific Committee on Homeopathy & Influenza,

BMC Complementary/Alternative Medicine  
 Indian Journal of Research in Homeopathy

2002-2007 Projectleider onderzoek naar de waarde (likelihood ratio) van homeopathische symptomen

2007 Onderzoek naar het vóórkomen van anemie bij asielzoekers. Stagebegeleider onderzoeksstage opleiding nurse-practitioner.

2011 Onderzoek: evaluatie van homeopathische vragenlijst.

2010-2019 Lid wetenschappelijke commissie ECH (Europese artsenorganisatie homeopathie); adviseur dataverzameling. Lid wetenschappelijke commissie LMHI (wereldorganisatie van homeopathische artsen)

2014- Adviseur/docent Central Council for Research in Homeopathy, Ministry of AYUSH, Government of India

2015- Lid redactieadviesraad 'Homeopathy'

2015 Lid redactieadviesraad Indian Journal of Research in Homeopathy

2020 Projectleider clinical data collection COVID-19; Liga Medicorum Homeopathica Internationalis (LMHI)

**Enkele publicaties (voor PubMed publicaties zie onder):**

1986 'Samuel: a new software package'; Journal of the American Inst. of homeopathy 79/1; march 1986

1988 'Computerrepertorisatie'; in 'Leerboek homeopathie', hfdst. 7-4; Bohn, Scheltema & Holkema 1988

1989 - Beleidsplannen 1989-1992; 1993-1996 en 1997-2000 van de Vereniging van Homeopathische Artsen in Nederland

1993 'Vademecum voor de homeopathische arts' VHAN

1994 'Op weg naar een pluriforme gezondheidszorg'; Werkgroep Volksgezondheid, Stichting Wetenschappelijk Bureau D66;

1998 'Erkenning homeopathie is het beste middel tegen dwaling in de geneeskunde'; Versie, tijdschrift voor gezondheid, burgerschap en politiek, maart 1998

2000 'De proef op de som. Werkt homeopathie?' Medisch Contact, 18 februari 2000, p. 253-256

2003 'Alternatieve geneeskunde en de evaluatie van de Wet BIG'. Tijdschrift voor Gezondheidsrecht (2003)8:539-541.

2004 'Tussen recht en wetenschap. Discussie over theoretisch bewijs homeopathie nog niet gesloten'. Medisch Contact 2004, 2 juli

2005 Hoe verloopt het diagnostisch denken van de ervaren huisarts? Huisarts en Wetenschap 2005;48:16-19

2005 Bewijs tegen homeopathie: de verhulde waarheid. Modern Medicine 2005(12):622- 627

2006 Wanneer is het zinvol om het (schijnbaar) onmogelijke te onderzoeken? Modern Medicine 2006(6):307-310

2008 Boek 'Signals and Images'. L. Boamin (ed). Chapter 11:

- Clinical Verification of Homeopathic Symptoms: Experience and Statistics. P.151-182. Springer Verlag. ISBN 978-1-4020-8534-5
- 2009 Jaarboek Integrale Geneeskunde 2009. Hoofdstuk 6 'Het klinisch bewijs voor homeopathie: wanneer is het voldoende?' P. 82-104. ISBN 978-90-810186-5-4
- 2009 Respiratory System Disorders and Therapy; From a New, Dynamic Viewpoint. Christa van Tellingen, Guus van der Bie (editors). ISBN 978-90-74021-39-5
- 2009 Alternative Medicine Yearbook 2009. J. Merrick (ed). Chapter 7 'Improving homeopathic prescribing using bayes' theorem and likelihood ratio. P.97-118. Nova Science Publishers. ISBN 978-1-61668-910-0
- 2010 Rutten L, Lewith G, Mathie R, Fisher P. Homeopathy In Upper Respiratory Tract Infections ? The Impact Of Plausibility Bias . WebmedCentral HOMEOPATHY 2010;1(11):WMC001126
- 2016 Boek: Fundamentals of statistics and research in homeopathy. B.Jain publishers, Noida (UP) India. ISBN: 978-81-319-3792-1
- 2019 Boek: Prognostic Factor Research in Homeopathy. A Practical Guide for Researchers. Central Council for Research in Homeopathy. Ministry of AYUSH, Government of India, New Delhi. ISBN: 978-93-81458-58-7

### **Pubmed geregistreerde publicaties**

- 1: Rutten L, Eizayaga J, Kaur H, et al. Counting Polar Symptoms: How to Represent Results? [published online ahead of print, 2020 Aug 10]. Homeopathy. 2020;10.1055/s-0040-1713363. doi:10.1055/s-0040-1713363
- 2: Rutten L. Prove or Improve? Less Funding? Use the Capital Available in Homeopathic Practice. Homeopathy. 2020;109(3):186-188. doi:10.1055/s-0040-1709653
- 3: Lamba CD, Gupta VK, van Haselen R, et al. Evaluation of the Modified Naranjo Criteria for Assessing Causal Attribution of Clinical Outcome to Homeopathic Intervention as Presented in Case Reports [published online ahead of print, 2020 Mar 25]. Homeopathy. 2020;10.1055/s-0040-1701251. doi:10.1055/s-0040-1701251
- 4: Klein-Laansma CT, Rutten ALB, Fruijtier PC, Wijtenburg HHM. Electronic Registration in Complementary/Homeopathic Medical Practice with Identification of 'Best Homeopathic Cases': A Pilot Study. Homeopathy. 2019;108(1):33-42. doi:10.1055/s-0038-1672162
- 5: Bagchi S, Nayak C, Rutten L, Koley M, Saha S. Assessment of Likelihood Ratio for Four Contact Dermatitis Symptoms of Vinca Minor. *Homeopathy*. 2018. doi:10.1055/s-0038-1654713.
- 6: Klein-Laansma CT, Rutten ALB, Fruijtier PC, Wijtenburg HHM. Electronic Registration in Complementary/Homeopathic Medical Practice with Identification of 'Best Homeopathic Cases': A Pilot Study. Homeopathy. 2018 Oct 5. doi:10.1055/s-0038-1672162. [Epub ahead of print] PubMed PMID: 30290378.
- 7: Klein-Laansma CT, Rutten ALB, Jansen JPCH, van Wietmarschen H, Jong MC. Evaluation of

a Prognostic Homeopathic Questionnaire for Women with Premenstrual Disorders. *Complement Med Res.* 2018;25(3):173-182. doi: 10.1159/000487318. Epub 2018 Mar 19. PubMed PMID: 29550829.

8: Mosley AJ, Roberts ER, Partington H, Gaertner K, Fisher P, Rutten ALBL, Mathie RT, Cartwright SJ, Fixsen A, Kokornaczyk MO, Sokol AM, Tournier AL. HRI Malta 2017-Cutting Edge Research in Homeopathy: HRI's Third International Research Conference in Malta. *Homeopathy.* 2018 Feb;107(1):50-54. doi:10.1055/s-0037-1609018. Epub 2017 Dec 22. PubMed PMID: 29528480.

9: Rutten LALB. Flawed statistics and science confirming existing paradigms. *J Eval Clin Pract.* 2018;24:1273-1276.

10: Klein-Laansma CT, Rutten ALB, Jansen JPCH, van Wietmarschen H, Jong MC. Evaluation of a Prognostic Homeopathic Questionnaire for Women with Premenstrual Disorders. *Complement Med Res.* 2018;25(3):173-182. doi: 10.1159/000487318. Epub 2018 Mar 19. PubMed PMID: 29550829.

11: Mosley AJ, Roberts ER, Partington H, Gaertner K, Fisher P, Rutten ALBL, Mathie RT, Cartwright SJ, Fixsen A, Kokornaczyk MO, Sokol AM, Tournier AL. HRI Malta 2017-Cutting Edge Research in Homeopathy: HRI's Third International Research Conference in Malta. *Homeopathy.* 2018 Feb;107(1):50-54. doi:10.1055/s-0037-1609018. Epub 2017 Dec 22. PubMed PMID: 29528480.

12: Miglani A, **Rutten L**, Manchanda RK. Corrigendum to "Generalisability of prognostic factor research: further analysis of data from the IIPCOS2 study" [*Homeopathy* 106 (3) (2017) 155-159]. *Homeopathy.* 2017 Nov;106(4):260. doi: 10.1016/j.homp.2017.09.003. Epub 2017 Oct 18. PubMed PMID: 29157475.

13: Mathie RT, Van Wassenhoven M, **Rutten ALB**(Lex), et al. Model validity of randomised placebo-controlled trials of non-individualised homeopathic treatment. *Homeopathy* (2017), <http://dx.doi.org/10.1016/j.homp.2017.07.003>

14: Miglani A, **Rutten L**, Manchanda RK. Generalisability of prognostic factor research: further analysis of data from the IIPCOS2 study. *Homeopathy.* 2017 Aug;106(3):155-159. doi: 10.1016/j.homp.2017.06.001. Epub 2017 Jul 24. PMID:28844288

15: Mathie RT, Roberts ER, **Rutten AL**. Adverse effects of homeopathy: we clearly need more details. *Complement Ther Med.* 2016 Dec;29:235. doi: 10.1016/j.ctim.2016.05.011. Epub 2016 May 31. PMID: 27912952

16: Rutten L. Data collection: Treat every variable as a treasure. *Homeopathy.* 2015 Jul;104(3):190-6. doi: 10.1016/j.homp.2014.11.002. Epub 2014 Dec 24. Pubmed PMID: 26143452.

17: Rutten AL. Knowing what we are talking about: the CORE-Hom database on clinical research in homeopathy is an important advance. *Homeopathy.* 2014 Oct;103(4):217-8. doi: 10.1016/j.homp.2014.09.002. Epub 2014 Oct 16. PubMed PMID: 25439036.

18: Rutten LA, Mathie RT, Manchanda RK. Making sense of prior probabilities in research. *Trends Mol Med.* 2014 Sep 30. pii: S1471-4914(14)00144-0. doi: 10.1016/j.molmed.2014.09.007. [Epub ahead of print] PubMed PMID: 25362626.

19: Rutten LA, Stolper EC. Complementary alternative medicine, plausibility and statistics. *Eur J Intern Med.* 2014 Jul 30. pii: S0953-6205(14)00204-0. doi: 10.1016/j.ejim.2014.07.004. [Epub ahead of print] PubMed PMID: 25085058.

20: Rutten LA. The importance of case histories for accepting and improving homeopathy. *Complement Ther Med.* 2013 Dec;21(6):565-70. doi: 10.1016/j.ctim.2013.10.001. PubMed PMID:24280462

21: Stolper CF, Van de Wiel MW, De Vet HC, Rutten AL, Van Royen P, Van Bokhoven MA,

- Van der Weijden T, Dinant GJ. Family physicians' diagnostic gut feelings are measurable: construct validation of a questionnaire. *BMC Fam Pract*. 2013 Jan 2;14(1):1. [Epub ahead of print] PubMed PMID: 23281961.
- 22: Rutten L, Mathie RT, Fisher P, Goossens M, van Wassenhoven M. Plausibility and evidence: the case of homeopathy. *Med Health Care Philos*. 2012 Apr 27. [Epub ahead of print] PubMed PMID: 22539134.
- 23: Rutten LA, Frei H. Frequently occurring polar symptoms assessed by successful cases. *Homeopathy*. 2012 Apr;101(2):103-11. PubMed PMID: 22487370.
- 24: Rutten AL. Comparison of effectiveness of frequently and infrequently used homeopathic medicines. *Homeopathy*. 2011 Jul;100(3):175-82. PubMed PMID: 21784335.
- 25: Klein-Laansma CT, Jansen JC, van Tilborgh AJ, Van der Windt DA, Mathie RT, Rutten AL. Semi-standardised homeopathic treatment of premenstrual syndrome with a limited number of medicines: feasibility study. *Homeopathy*. 2010 Jul;99(3):192-204. PubMed PMID: 20674844.
- 26: Rutten AL, Frei H. Opposite repertory-rubrics in Bayesian perspective. *Homeopathy*. 2010 Apr;99(2):113-8. PubMed PMID: 20471614.
- 27: Rutten AL, Stolper CF. Diagnostic test evaluation by patient-outcome study in homeopathy: balancing of feasibility and validity. *J Eval Clin Pract*. 2009 Dec;15(6):1230-5. PubMed PMID: 20367734.
- 28: Rutten AL. How can we change beliefs? A Bayesian perspective. *Homeopathy*. 2008 Oct;97(4):214-9. PubMed PMID: 19371571.
- 29: Rutten AL, Stolper CF. The 2005 meta-analysis of homeopathy: the importance of post-publication data. *Homeopathy*. 2008 Oct;97(4):169-77. PubMed PMID: 19371564.
- 30: Rutten AL, Stolper CF, Lugten RF, Barthels RW. Statistical analysis of six repertory rubrics after prospective assessment applying Bayes' theorem. *Homeopathy*. 2009 Jan;98(1):26-34. PubMed PMID: 19135956.
- 31: Lüdtke R, Rutten AL. The conclusions on the effectiveness of homeopathy highly depend on the set of analyzed trials. *J Clin Epidemiol*. 2008 Dec;61(12):1197-204. Epub 2008 Oct 1. Review. PubMed PMID: 18834714.
- 32: Rutten AL, Stolper CF, Lugten RF, Barthels RW. New repertory, new considerations. *Homeopathy*. 2008 Jan;97(1):16-21. PubMed PMID: 18194761.
- 33: Rutten AL. Bayesian homeopathy: talking normal again. *Homeopathy*. 2007 Apr;96(2):120-4. Review. PubMed PMID: 17437940.
- 34: Rutten AL, Stolper CF, Lugten RF, Barthels RW. A Bayesian perspective on the reliability of homeopathic repertories. *Homeopathy*. 2006 Apr;95(2):88-93. PubMed PMID: 16569624.
- 35: Rutten L, Stolper E. 'Proof' against homeopathy in fact supports Homeopathy. *Homeopathy*. 2006 Jan;95(1):57-61. PubMed PMID: 16399260.
- 36: Rutten AL, Stolper CF, Lugten RF, Barthels RW. Repertory and the symptom loquacity: some results from a pilot study on likelihood ratio. *Homeopathy*. 2004 Oct;93(4):190-2. PubMed PMID: 15532697.
- 37: Rutten AL, Stolper CF, Lugten RF, Barthels RW. Repertory and likelihood ratio: time for structural changes. *Homeopathy*. 2004 Jul;93(3):120-4. Review. PubMed PMID: 15287430.
- 38: Rutten AL, Stolper CF, Lugten RF, Barthels RW. 'Cure' as the gold standard for likelihood ratio assessment: theoretical considerations. *Homeopathy*. 2004 Apr;93(2):78-83. Review. PubMed PMID: 15139091.
- 39: Rutten L. The benefits of Arnica. *Homeopathy*. 2004 Jan;93(1):63. PubMed PMID: 14960106.
- 40: Rutten AL. [Diseases and the diseased--scientific and alternative medicine]. *Ned Tijdschr Geneesk*. 2003 Dec 27;147(52):2608; author reply 2608-10. Dutch. PubMed PMID: 14723045.

- 41: Rutten AL, Stolper CF, Lugten RF, Barthels RW. Is assessment of likelihood ratio of homeopathic symptoms possible? A pilot study. *Homeopathy*. 2003 Oct;92(4):213-6. PubMed PMID: 14587688.
- 42: Rutten AL, Stolper CF, Lugten RF, Barthels RW. Assessing likelihood ratio of clinical symptoms: handling vagueness. *Homeopathy*. 2003 Oct;92(4):182-6. Review. PubMed PMID: 14587683.
- 43: Stolper CF, Rutten AL, Lugten RF, Barthels RJ. Improving homeopathic prescribing by applying epidemiological techniques: the role of likelihood ratio. *Homeopathy*. 2002 Oct;91(4):230-8. PubMed PMID: 12422927.
- 44: Rutten AL. [Lost in the methods (conclusion). XXXIX. The ultimate truth]. *Ned Tijdschr Geneeskd*. 2002 Apr 20;146(16):781; author reply 782. Dutch. PubMed PMID: 11998359.

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